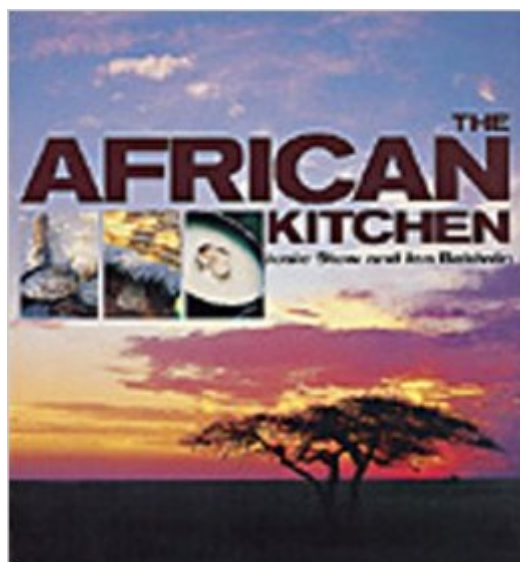


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# The African Kitchen: A Day In The Life Of A Safari Chef (Cookbooks)



## Synopsis

Africa is synonymous with adventure - a land of wild animals, colorful traditions and natural splendor. The African Kitchen is a culinary and visual feast, a food lover's tour of this fascinating continent. Chef Josie Stow here combines the thrill of the safari with the excitement of pan-African cooking. She uses today's most popular ingredients in exciting combinations with recipes for all occasions. Whether you are looking for a quick lunch or leisurely supper, breakfast or snack dishes, new ideas for the barbecue or recipes for a lavish dinner party, The African Kitchen will provide inspiration and enjoyment.

## Book Information

Series: Cookbooks

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Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (9 customer reviews)

Best Sellers Rank: #995,457 in Books (See Top 100 in Books) #111 in [Books > Cookbooks, Food & Wine > Regional & International > African](#)

## Customer Reviews

As a South African and having spent time in the USA, I tried to think of ingredients etc that one would need if you were living outside of Africa, most seem easy to obtain. It's a beautiful book both in recipes and photos. Being a professional photographer it's a fun book to look at for the photos as well as different style of cooking. Most recipe books are static and don't motivate me into purchasing it, but this one caught me. It has a great African feel. Worth buying.

I really have enjoyed this book. It gives you an insight into African cooking and the beautiful scenery. I had the pleasure of meeting Josie Stow at Tswalu and sampled some of the recipes in the book. They are incredible. Most of the items are easy to prepare and the photos will make you want to go there!

This is truly one of the most beautiful cookbooks I have encountered. The recipes are unusual and fun to make. Highly recommended.

I think that this cookbook represents the best of a chef who has to cook inventive meals under demanding conditions in the African bush and countryside. It is amazing that the meals come out as pictured in anyone's kitchen without the dust, bugs and wild animals that the chef had to deal with when she created them originally. Great book to round out your international collection of cookbooks in your library. Excellent book and I highly recommend it!

An inspiring book in every way! Get this book if you are interested in real Africa and African cooking. The recipes are great and the photo's give you real insight into the safari travel and the bush lifestyle.

It is great for presents and have some great and fun recipes in it. My friends all want one when they see it.

Unique, delicious, well-written. Not the widest range for types of recipes, but everything is well researched and simple to follow.

Love it, a nice reminder of our African trip.

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